

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Basic Teachings of Islam

Dua – Supplication

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Making Dua is Important

- It is important for Muslims to supplicate to Allah Almighty.
- We must make dua to Allah Almighty when:
 - We need something e.g. a job, to pass exams etc
 - We have some problems e.g. personal, physical, social, spiritual etc
- We must remember Allah Almighty all the time: good times and bad times.

Making Dua is Important

- Our beloved Prophet (PBUH) has said:
 - “Dua is the essence of worship”
- It means only offering prayers (Salah, or reciting Holy Quran) is not enough.
- We must make dua also after performing these good actions.
- We must ask Allah for fulfil our needs.
- We must not think that Allah knows what we need or what problems we have and if he wishes he can resolve those problems.
- Rather we must ask (or beg) Allah to provide us what we desire.

How to Make Dua

- Lets look at some of the ways of the Holy Prophet of making dua:
- Salman (ra) reports from the blessed Prophet that he said,
 - "Surely your Lord is Modest and Generous. He does not like to return empty the raised hands of His slave."(Ibn Maajah)

How to Make Dua

- Ibn Abbas (ra) said:
 - “when a believer raises his both hands upto his chest that is the supplication.”
- Ibn Abbas (ra) says the Prophet said:
 - "When you supplicate to Allah supplicate with the palms of your hands (i.e. hands opened up) and don't supplicate with the back of your hands, and when you have finished wipe your face with them.“(Ibn Maajah)

How to Make Dua

- Umar ibn Khattab (ra) says the Messenger used to raise his hands in the supplication and would not lower them until he would wipe his face with them.
- In Summary:
 - Hands should be raised in front of the chest
 - and palms spread wide facing the sky.
 - There should be a gap between the two hands although a small one
 - and to wipe the face afterwards is Sunnah

How to Make Dua

- **Reading Darood Before & After dua**
- We should employ good manners while making dua so that our duas are accepted by Allah Almighty:
- The best manners while making dua is to start the dua by reading darood (sending blessings on our beloved Holy Prophet).
- After reading darood we can make the dua.
- We must end our dua by reading darood again.

How to Make Dua

- **Reading Darood Before & After dua**
- We read darood before and after the dua in order to raise the chance of our duas being accepted.
- Allah Almighty accepts darood whenever it is read.
- Therefore, we believe that when Allah accepts our darood read before and after the dua, He will be kind to accept the dua in the middle.

How to Make Dua

- **Reading Darood Before & After dua**
- Umar ibn Khattab (ra) said:
 - "The prayer remains stationary between the heavens and the earth and nothing will rise from it until you send blessings upon your Prophet."(Tirmizi)