

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# Basic Teachings of Islam

## Salah – Prayer

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# Sunnan of Prayer

- **Sunnah actions**
- The Sunnahs in prayer are the acts of the Prophet and the rightly guided Khulafaa (ra).
- They are neither obligatory nor essential for the validity of the prayer.
- If they are omitted, the prayer is not nullified and there is no need for Sajdah Sahv.
- However missing them intentionally and regularly is sinful.

# Sunnan of Prayer

- Raising the hands upto the ears for the Takbeer Tahrima.
- The Muqtadee (follower) to synchronise his Takbeer Tahreema with that of the Imaam.
- Not to spread nor to close the fingers but to leave them in their natural position except the state of bowing due to holding the knees.

# Sunnan of Prayer

- To put the right hand over the left hand under the navel.
- This is to be done in the following way: The palm of the right hand is placed over the back of the left hand such that the thumb and the little finger form a circle such that the left hand wrist is grasped.
- To read the Thana (silently).
- To read the Ta'awwuz (silently).
- To read the Tasmia in the heart in the beginning of every unit before Al-Fatiha.
- To say Ameen.

# Sunnan of Prayer

- To read the Surah Fatiha in the third and the fourth units of Fard.
- To send blessing on the prophet in the last Tashah-hud.
- To read a Du'a after sending the blessings on the Holy Prophet. The Du'a should be based on the verses of Qur'an or the hadeeth and not the words constructed by people.